Cooking Encounters with H.B. The fam's favorite burgers

You will need:

- Grill, electric skillet, or fry pan & spatula
- 1 tbsp measuring spoon
- 1/2 cup measuring cup
- non-stick cooking spray
- large bowl & a fork



Ingredients:

- 1 lb ground beef & 1 lb ground pork
- 1 ranch seasoning packet
- 1 tbsp Worcester sauce
- 1/2 cup each of mozzarella & cheddar cheese shredded
- 1 tbsp minced garlic
- 1/2 onion chopped

Instructions:

- Preheat the grill/skillet/pan while gathering ingredients Use non-stick spray at your discretion and only if needed, the meat should produce enough grease to prevent sticking.
- Combine all the ingredients in the large bowl using the fork
- Form burger patties and cook



FOR MORE RECIPES, PLEASE VISIT <u>HTTPS://ALONGSIDECREATIONS.COM/HEALTH-WELLBEING/</u>



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Suggestions & Notes:

- When I made these I "eyeballed" the ingredients. The listed ingredients are suggested and you may want to alter them to your own experience & tastes.
- Whether you grill, use an electric skillet, or a frying pan on the stove you should determine the time of cooking based on what you like in regards to rare, medium or well-done.
- Serve with your favorite condiments & sides:
- We like Chipotle sauce, garlic aioli, ketchup, and mayo as options (not mixed together, lol)
- The possibilities are numerous.

Check out HB's Dill Pasta Salad Recipe: You can find it under the "side dishes" tab at Cooking Encounters with HB.

<u>https://alongsidecreations.com/health-wellbeing/</u>

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